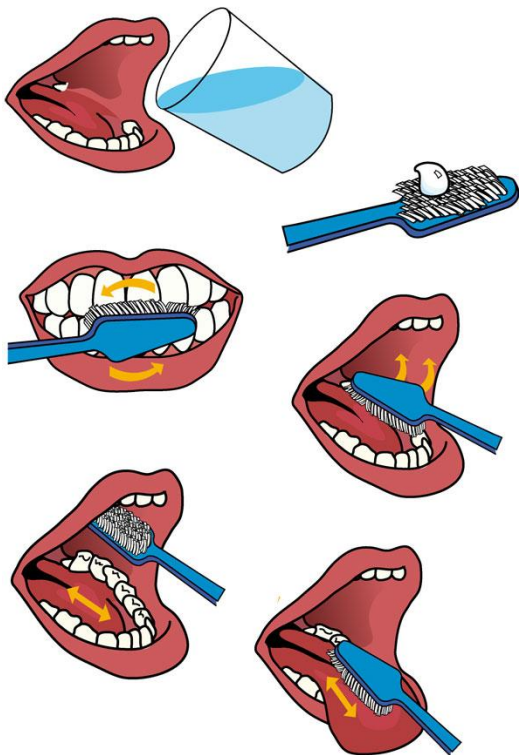




# GRANITE BELT D E N T A L

## TOOTH BRUSHING CHART

*Tick Morning and Night 😊*



| DAY       | MORNING | NIGHT |
|-----------|---------|-------|
| SUNDAY    |         |       |
| MONDAY    |         |       |
| TUESDAY   |         |       |
| WEDNESDAY |         |       |
| THURSDAY  |         |       |
| FRIDAY    |         |       |
| SATURDAY  |         |       |

**Don't rush when you brush**

**Two minutes- Two times a day!**